

7-day tour in northern Laos – NOV 2023

DAY 1

Meet your guide and your new friends at the Hotel at 3pm.

Sunset cruise on the Mekong River and welcoming cocktail.

Dinner in a local restaurant.



DAY 2

Wake up early morning to observe the **alms-giving ceremony**. Taste some Lao sweets from the morning market and contribute by offering sticky rice and Khao nom to the monks.

Breakfast at **Family Bakery (NK SEEDS restaurant)** before buckling up for a 3-hour drive in the northern jungle to **Nong Khiaw**.

After lunch, discover **the NK SEEDS site** the backstage of the NGO.

Take some rest at the hotel pool before walking to **NK English Corner** for English teaching.

Dinner at the hotel.



DAY 3

Take a yummy breakfast in Nong Khiaw before **2-hour boat trip to Sob Khing for materiel donation** to more than **80 students living in a dormitory.**

Baci ceremony in the village.

1-hour boat trip down south to the village of **Muang Ngoy.** From there we will take a **tractor to the beautiful village of Ban Na** where we will spend the night.

Dinner in homestay.



DAY 4

Slowly wake up in Ban Na in middle of the jungle. Walk 1-hour to Huay Bor **for school supplies distributions to more than 30 primary school students.**

After that, let's keep walking to **Tham Kang Cave** to **explore the depths and take a bath in the cool water.**

Keep trekking through the rice fields and mountains until Muang Ngoy. Go for a tour of the village, walk up to the **viewpoint and** Noy this little village.

Then, let's **kayak to Sop Kong**, a village with an organic farm. Head to **Tad Mook waterfall** and have some time to relax and take a bath.

Back to the farm, spend the rest of the day **discover the secret of rice cultivation and farm products.**

End the day by **learning how to cook delicious typical Lao dishes.**

Dinner together while enjoying a **campfire, beers, and music under the stars.**



DAY 5

Wake up with a **peaceful boat ride on the river** to the village of Hoy Oy.

After a tour of the village, let's trek for **4 hours in the deep greenish jungle** and rice fields.

Lunch in Na Luang before walking 2 hours back to Nong Khiaw.

Night in Nong Khiaw.



DAY 6 (Free day until 4pm)

This morning, enjoy breakfast overlooking **Nam Ou River**.

Take some time to discover the village and walk on the famous bridge.

Around 4pm, take a 1-hour hike up to **Pha Daeng Peak Viewpoint** to watch the sunset on ragged mountain views on either side of the town.

Enjoy a **barbecue while watching one of the most photogenic spots in Laos**.

Overnight in tents on the top of the mountain.



DAY 7

Watch the sunrise on the sea of clouds that covers the city before hiking down and passing by the Nong Khiaw morning market.

Minivan back to Luang Prabang.

Farewell lunch at Family Bakery.

